

## Coaching Agile Teams

*An Integral approach to working with Agile teams in complex environments*

### COURSE DESCRIPTION

This workshop addresses the complex environments in which most Agile teams and Agile team coaches operate, and delivers the key Agile coaching content, skills, and mindsets. The workshop was developed by the prestigious Agile Coaching Institute.

### WHO WILL BENEFIT

- Experienced ScrumMasters, Agile Project Managers, or Iteration Managers who want a more complete understanding of the full range of Agile coaching skills.
- Agile Coaches who want to expand their skill set and gain the ability to break through intractable problems.
- Agile managers, Product Owners, and others wishing to access a broader range of skills in working with their teams.

### REQUIRED EXPERIENCE

This is an intermediate-level course for practitioners with at least 6 months of hands-on Agile experience. Participants should also be grounded in Agile Fundamentals (ICAgile Certified Professional), be a Certified ScrumMaster, or have equivalent Agile training, because the course builds directly on Agile team experience.

### Maximum Attendees

30

### Duration

3 days

### Credits and Certifications

- ICAgile Certified Professional in Agile Coaching (ICP-ACC)
- 21 Scrum Alliance SEUs
- 21 PMI PDUs

### LEARNING OUTCOMES

While mastering Agile coaching skills will require both time and practice, this class will prepare participants to:

- Understand and utilize the four key Skill Areas and four Knowledge Areas applied by the best agile coaches (ACI's Agile Coaching Competency Framework).
- Create healthy teams that are resilient, creative, resourceful and resonant.
- Listen fully and ask essential, powerful questions that open up new possibilities and propel people into action.
- Clearly ascertain the distinction between coaching and mentoring and know when to apply each most successfully.
- Understand how to address the dysfunctional approaches to conflict that teams often develop.
- Coach and mentor people through all kinds of change, especially the change required to occupy Agile roles fully.
- See the broader organizational context more clearly and determine the best interventions to positively affect it. (ACI's Integral Agile Operating System™)
- Walk away from the course with a personal coaching improvement backlog – a thoughtful, tangible self-development plan.

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### AFTER THIS WORK

Course participants often leave with more questions than they have answers. Introduction to these practices focuses on high-level Agile topics, and brings forward subjects that often require additional discussion and exploration. To achieve the best value, consider pairing the workshop with follow-up Agile coaching to learn more about how Agile values, principles, and practices can be applied within your organization. Follow-up mentoring for developing coaches also can have significant value.

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### RELATED COURSES

SolutionsIQ also offers these workshops to enhance your team coach development:

#### *The Agile Facilitator*

This 2-day workshop is for Agilists who want to dramatically increase their facilitation skills, especially as applied to Agile ceremonies and collaborative events. The workshop focuses on professional facilitation skills and techniques as applied specifically within the Agile context.

#### *Agile Coach Bootcamp*

This 5-day workshop combines *The Agile Facilitator* class with the *Coaching Agile Teams* class. The two classes are woven together into a single intensive and immersive experience that will catapult your Agile coaching skills and results to new levels.