

Agile Dojo

A physical space dedicated to accelerated learning for teams

Typically, traditional approaches to improving Agile development teams follow a pattern of training supported by some period of coaching. While this approach has an important place and certainly can benefit teams, our Agile Dojo is an alternative solution that provides accelerated learning in a complete learning environment.

SolutionsIQ's Agile Dojo provides an immersive environment where delivery teams receive the support they need to grow and learn at an accelerated pace, including coaching and more. By providing a physical space dedicated to short development sprint "challenges" designed for accelerated learning, the Agile Dojo enables teams to make break-throughs more rapidly and consistently.



Team Environment

- Colocated, sometimes for the first time
- Tools in place to learn and deliver value with advanced practices like Continuous Delivery

Embedded Coaching

- Workflow and technical coaches guide, mentor and assist

Visualized Work

- Backlog, WIP, blockers, spikes

Hyper Sprints

- Accelerate and reinforce learning
- Quickly realize results



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How It Works

- Teams in the Dojo work in “hyper sprints” with abbreviated ceremonies, so a 6-week challenge would consist of 12 sprints — and all the learning that entails.
- Prior to each six-week Dojo challenge, our coaches help the team craft a charter defining what the team will learn, experience, and produce.
- The fast-paced Dojo environment enables teams to recognize old habits and replace them with newer, more effective Agile habits.

The Dojo Environment

- **High energy:** The Dojo is a place of high-energy and enthusiasm where learning and achievements are celebrated and fun is expected.
- **Big visible information radiators:** Team work is visible on a board and they are surrounded by motivational aids that remind them of their challenge.
- **Real work:** Teams learn new practices while executing their real work.
- **Safe environment:** The Dojo provides a safe environment for teams to experiment new ways of working while maintaining productivity.
- **Not a class room training:** The Dojo is an immersive learning experience with the support of onsite Agile subject matter experts both in technical and workflow aspects in a highly collaborative environment.

Getting Started

Starting an Agile Dojo is a long-term commitment, SolutionsIQ can help in each step along the way. We will:

- Advise you on Dojo space planning and equipment
- Assist developing an initial Dojo budget
- Provide a set of assets to get you started
- Help you frame the conversation with senior leaders and, as needed, be part of the conversation
- Mentor your internal Dojo leaders
- Provide an initial team of Dojo coaches, both workflow and technical
- Train and mentor internal coaches.
- Guide you in supporting Dojo alumni

About SolutionsIQ

SolutionsIQ, an Accenture company, is the leading Agile transformation and innovation consultancy. We guide our clients to become learning organizations capable of adapting at the speed of market change, consistently delivering high-quality products and services, and thrilling customers. We help technology-driven organizations outlearn and outperform their competition.



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